

# Abbey Life

LIFESPAC  
COMMUNITIES

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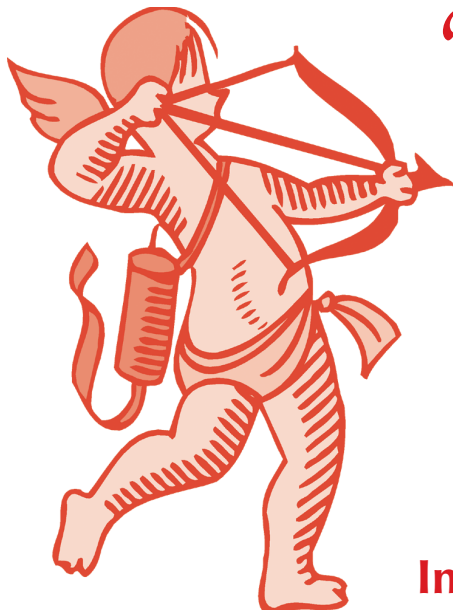


Abbey Delray

FEBRUARY 2011

VOLUME 19 / EDITION 2

*You are cordially invited to attend our annual*



## *Valentine's Day Tea*

## *& Fashion Show*

*Friday, February 11<sup>th</sup>*

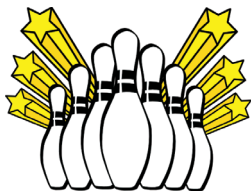
*2:00 PM*

*in the Main Dining Room*

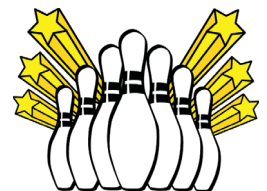
*Commentator, Toby Dale*

*Charlene Connor, Harpist*

*Informal Modeling by local merchants.*



**EXTRA! EXTRA! EXTRA!**  
**ABBEY ENTERS NATIONAL**  
**Wii BOWLING COMPETITION!**



It's a first for Abbey Delray! The team, affectionately known as the 'Abbey Inmates', (the annual shuffleboard tournament is usually won by another team with the same name), has joined over one hundred plus retirement communities as part of the National Senior League.

Team members include **Sy Weinberg, Gini Leichter, Joyce Murad, Moira Achinapura, Rhoda Mehr, Irv Small and Robert Schmidt.** Currently after much hard work and practice, Gini and Moira are the team leaders and inspiration for the rest of the group.

League play begins **Monday February 14th** and will last seven weeks. The team will play two games on Wednesdays in the activity center. (watch your weekly calendar for the exact time). Come down to cheer for the home team. Actual play will take about one hour. Hope to see you there!



## Men & Women of Abbey

**MONDAY, FEBRUARY 14<sup>TH</sup>**

**10:00 A.M.-Coffee 10:30 A.M.-Meeting**

Villa resident, and Professor Emeritus of Cornell University, **Bob Zall**, will speak about some personal common sense inventions and innovations that have had practical and economic impact on our environment and commerce. According to Bob, not every idea needs rocket science technology to reap benefits.



### IT'S A VALENTINES' DAY TREAT!

Come be serenaded by talented crooner  
**STEVE LEEDS**

**MONDAY, FEBRUARY 14 AT 1:30PM**

A wonderful hour of love songs!

### "THREE SWEET SALES"

**Monday, February 7**

Fashion Faze Clothing Sale

**Tuesday, February 15**

Premiere Jewelry Sale

**Thursday, February 24 10-2PM**

Penny Lane Clothing

### MUSICAL MATINEES

(All programs begin at 1:30pm in the  
Abbey Centre)

**Tuesday, February 1**

Opera Appreciation

**Monday February 7**

Palm Isles Chorus

**Tuesday, February 8**

Palm Shores Chorus

**Monday February 14**

Valentines' Day Serenade with Singer  
Steve Leeds

**Monday February 28**

Singer Alex Kash



## LOVE ALONE....

Several years ago, I read about a border collie named Patches. Border collies have an innate ability to herd sheep and other animals. They love to work. But Patches is a hang-around-the-house dog. He has become a "lazy pet who has no interest in herding cows."

His master is an Episcopal Priest and Patches attends the Daily Offices in their household chapel. In the evenings he enjoys the reading of Compline and wags his tail at the sound of his Master's voice.

But the interesting thing is, Patches has found a new way of using his inbred talents since he doesn't have the opportunity to do so on the farm. He watches over a neighborhood dog that is both blind and deaf.

Patches is only a dog, but he has found a way to justify his existence—through love alone.

I often hear the question, "Why am I still here? I can't do anything. I'm not useful to anybody. Why am I still here?" I don't have any easy answers because I don't know the mind of God and I am often mystified by His ways. But I think Patches can teach us something. We are here if for no other reason than to love and be loved.

Dick Lewallen, Chaplain

### "A PRESIDENTS' DAY SALUTE"

Come meet



**President James Madison**

**Tuesday, Feb. 22 at 1:30pm**

in the Abbey Centre

Learn about his friend **George Washington** and the real truth about his cherry tree!

**Hugs and kisses to villa residents, Bob and Molly Zall**, who recently donated a complete drum set for our upcoming **Songbirds** productions. Guess Bob wants to insure his standing as our 'little drummer boy!'



## IN THE SPOTLIGHT

(All performances are in the Abbey Centre  
at 7:15pm)

### Thursday, February 3 Violinist Mei Mei Lu

This extremely talented local musician teams up with classical pianist **Daphne Spottiswoode** for an hour of the classics. Pure joy!

### Thursday, February 10 Drama Reading: 'Loving Frank'

Presented by "Words Alive", these three ladies deliver a profoundly moving drama of this enchanting drama, mixed with laughter and tears.

### Thursday, February 17 Le Club Singers

This Boynton Beach choral group sings in five part harmony and has often been referred to as 'an orchestra of voices'. The repertoire consists of music ranging from Bach to Bacharach. A great group!

### Thursday, February 24 Singer Gail Gallagher

A one-time talk show host, Gail now is a professional singer performing throughout the U.S. to rave reviews. Welcome her to our stage for the first time tonight.



### SOMETHING NEW HAS BEEN ADDED!

Arts and Crafts are now meeting  
**The 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays**

**In the activity center - 12:30-2:30pm**

Organized by building one resident  
**Carmen Sugerman**

Come and have a good time,  
experience is not needed!

*In Memory of Those  
Who Lived Among Us*

Doris Brady • Charles Fisher  
Adele Vogel • Ellsworth Carter



## Saturday Night at The Movies

All movies begin at 7:15 P.M.  
in the Abbey Centre



### Saturday, February 5 "Somethings Gotta Give" starring Jack Nicholson & Diane Keaton

Sixty and still sexy, Harry is having the time of his life, until he finds out there is nothing bad about acting your age! A fun time!

### Saturday, February 12 "Gaslight"

starring **Ingrid Bergman  
& Charles Boyer**

Winner of two Oscars, this murder mystery is a classic.

### Saturday, February 19 "Secretariat"

starring **Diane Lane**

This horse-racing biography is an epic.

### Saturday, February 26 "Hachi"

starring **Richard Gere**

This drama is a true story of a loyal pooch named Hachi. Who teaches the city residents about true love and commitment.



## DOUBLE YOUR PLEASURE WITH TWO GREAT TRIPS!

**IT'S A 'SPRING GET AWAY!'**  
Sponsored by Best Tours  
**2 days, 1 night departing  
April 8, 2011**

Enjoy the Bok Tower with lunch in Lake Wales. Followed by dinner and show that evening with a trolley tour of Mt. Dora the next day. Priced right!

Sign up now, space is limited!

## ESCORTED TOUR OF THE GREAT WESTERN PARKS

Sponsored by Isings Travel  
**10 days leaving July 6, 2011**  
Sign up in the activity book

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## THE WRITER'S EYE

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### 'Thanks Doc' By Mat Wiland

How would you feel if you saw someone on the verge of death and no one in a crowd of people were paying the slightest attention to him? In addition, you knew that there was a simple maneuver that could save him.

I had gone into this fast food restaurant just for a sandwich and a cup of coffee. Within a few minutes, I saw what was going on. I tried to recall what I had learned thirty years ago when the men of my condo decided to take advantage of the Red Cross offer to teach us the Heimlich Manuver. It clears your airways if you are choking!

No matter how hard I tried, I just couldn't remember how it was to be done. When you are alone, use the back of a chair. But how eluded me. It was then that I realized that I was turning blue. Yes, it was I who was choking, not some other poor fellow. I had to get to the cashier and get her to call nine one one or I was a goner. As I stood up to dash over to her I suddenly had a violent cough and a large piece of lettuce came flying out of my mouth. With the culprit gone, I soon returned to normal. But I have to say, "thank you Dr. Heimlich, thank you again and again for saving my life."

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## WE'RE HAVING A POOL PARTY! THURSDAY, FEBRUARY 24 3-4:30PM



### With 'Keyboard Marie'

Serving a special drink of the day  
With some 'snick-snacks'  
Come enjoy the music, drink and  
friendly conversation

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## OUT & ABOUT

(All trips depart from the front ramp)

### Wednesday, February 2 - 12:45pm Stage Door Theatre

Another delightful afternoon at this intimate Coral Springs theatre where we will delight in today's feature of the Broadway musical, **"Mame"**. \$34.00

### Monday, February 7 - 1:15pm Delray Beach Playhouse, Musical Monday Matinee

Today's theme is 'Side By Side'. You will recognize all of these Broadway tunes sung by two professional singers,. As well as with, executive producer and director, Randy Del Lago. \$28.00

### Wednesday, February 16 - 10:45am Lunch Bunch goes to Marriott Singer Island Resort

This popular beach resort will be our destination for a yummy meal in their popular Solu Café. Choose from three different entrees. \$30.00.

### Saturday, February 19 - 12:30pm Out to the Movies

Choose from five first run films at this local cinema.



## FROM THE PODIUM

(All events begin at 1:30PM in the Abbey Centre)

### Friday, February 4

The Magic of Aging Well

### Tuesday, February 15

Ann Stott's Travelogue of Alaska

### Tuesday, February 22

'President James Madison'

### Wednesday, February 23

'The Brain Train'



## WELCOME

**Dorothy Samuels 2-228**

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## VETERANS' UPDATE

We need your help for a collage of memorabilia from W.W. I. (yes, W.W.I). It will be displayed in the lobby as soon as the project is completed.

Congratulations to the latest recipients of the beautiful French Legion of Honor. They are **Al Hyman, Ray Meenen, Julius Solomon, Earl Smith and Bernie Margolis** who accepted the award for his brother who was severely wounded at Utah Beach in June of 1944.

**Bill Walton**, who resides in our health center, will be receiving his shortly. For further information contact **Tom Kaiser** in building one 276-1796. We thank Tom for his tireless efforts on all of our Veterans' behalf.

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### ETC:

**Let's All Get Together...**for a **volunteers' meeting** in the Abby Centre at **10:00am Monday, February 7.**

**Passover Seder sign up sheet** will be in the activity book beginning this month. There will be two Seders in the Abbey Centre, **Monday April 18 and Tuesday, April 19** with **Rabbi Richard Polirer** officiating once again. Please do not sign up any outside guests until it is announced, as we need to seat our residents first, and space is limited. For further questions or concerns please call **Linda at 454-2011.**

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### COME AND JOIN US!

Do you speak, read or understand **Yiddish?** Well, it isn't necessary to enjoy the Yiddish Club. Everything is translated to Yinglish, of course. Come join us to refresh and recall your Yiddish memories. The club is open to all, and questions are gladly accepted. Leader Libby Bangel will be leading the next class on the **first and third Mondays of each month at 10am.** A most pleasant and relaxing hour.



## "BUTTERLY FLUTTERINGS"

A taste of the tomato crop, (3 small perfect tomatoes), were served at the meeting of the Men and Women of Abbey. The response was that they tasted better than store bought tomatoes, even though we had a difficult season because of the weather.

We are waiting to plant the new native plants, (black-eyed peas), that are in pots. We may try a second crop of tomatoes and I will buy herb plants for those who love them. The butterflies are hiding to keep warm and will emerge when it is 80 degrees. The new arbor is in place for the red passion vine and a small cassia tree will be planted in that area for the yellow butterfly. Thank you for your donations to the butterfly garden!

Your gardeners,

**Catherine Marshall - Sam Weitzman**

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## "JUSTICE"

**By Irving Small**

*(Based on the three part discussion series last month)*



Justice-is it hunger for revenge?

A frequent quote is

"Let punishment fit the crime."

Like an eye for an eye,

or a tooth for a tooth.

Such a system is wicked.

Judges can't agree on the particulars.

Americans favor Liberty and Justice for all.

I reflect it must mean Liberty and Justice for me.

Individuals reason that life is not fair.

However life provides pleasure, beauty, love, friends etc.

Why do bad things happen to good people?

On the other hand, why do good things happen to bad people?

The universe with hurricanes, volcanoes etc. has no justice.

Reason tells us it is challenging for us to set the scales for justice.

**MARK YOUR CALENDAR FOR AN IMPORTANT LECTURE!**

**"The Magic of Aging Well"**

**Guest Speaker: Thomas P. Sattler, Ed.D Director of Education & Program Development, Alliance Rehab-SeniorFITness Division, From Oakbrook, Illinois**  
**Friday, February 4 at 3:00pm in the Abbey Centre**

The Dr. will clue you in as to how to live the best you can with what you've got! A wonderful speaker-do not miss!

**MARCH**

**HIGHLIGHTS**



**Wednesday, March 2**

Shopping at the Thrift Stores

**Tuesday, March 8**

Boca Hospital Mammogram Van

**Thursday, March 10**

Mardi Gras Dance

**Saturday, March 13**

Ziegfeld Follies Musical

**Wednesday, March 16**

Lunch Bunch goes to Boca Art Museum and Lunch at Arturo's

**Thursday, March 17**

St. Pat's Happy Hour

**Wednesday, March 23**

Pet Parade

**Saturday, March 26**

Roger Dean Stadium Cardinals vs. Marlins



**ANNOUNCING THE NEW SEASON OF THE SONGBIRDS!**

Beginning

**Friday, February 4 at 1:00pm**

in the Abbey Centre

All are welcome!

**Come meet our new Choral Director, Rita Rathman**

**CHANNEL 63 SURVEY**

Please take 2 minutes to fill out and drop in the activities slot in the lobby.

Your suggestions are most important.

**Do you watch channel 63?**

**YES NO**

Why not? \_\_\_\_\_

\_\_\_\_\_

What would you like to see on our :In House Channel? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Mystery Resident**



This young lady sent this picture to her 'soldier boy' who was stationed in Germany during W.W.II. Who is she? Please put your guess in the suggestion box in the lobby with your name, date and time of guess. Last month no one guessed building two resident, **Trudy Frummer.**