

Abbey Life

LIFESPAC
COMMUNITIES

2000 Lowson Blvd. • Delray Beach, FL 33445 • 561-454-2000

JUNE 2011



Abbey Delray

VOLUME 19 / EDITION 6

*We'll "Bet" You're
Gonna Have a
Great Time at Our*



*This could be
your lucky
night!*

Casino Night!



Thursday, June 9TH

from 7-9 PM

Abbey Centre

*Try Your Chance at
Blackjack & Roulette*



Our Annual July 4th Celebration!

It's a "Firecracker" of a Party!

Thursday June 30th at 7-9 pm

in the Abbey Centre

Open Bar • Dancing Partners • Great Music



Abbey Friends

MONDAY, JUNE 13TH

10:00 A.M.-Coffee 10:30 A.M.-Meeting

Building one resident, Jerry Gold will discuss his lifelong passion of photography, as well as describing a few selected scenes he has chose for today.

DEAN MARTIN IS COMING TO ABBEY!

There is nothing more entertaining than an hour of the star-packed variety show of the 70's. Come and laugh along with your neighbors **Monday, June 20 at 1:30pm in the Abbey Centre.**

We guarantee you will walk home with a smile and a chuckle!

HOW'S YOUR BLOOD PRESSURE?



The nurses in the Health Center Clinic are available for complimentary blood pressure screenings **every Tuesday from 1-2pm.**

No appointments are necessary, just stop by.

JUNE IS BUSTING OUT IN SONG!

(All programs begin at 1:30pm in the Abbey Centre)

Monday, June 6

'Love and Marriage' sing

Tuesday, June 7

Singer Jeff Saks

Tuesday, June 14

Opera Appreciation

Tuesday, June 21

Jeff Gross and His Horns

Tuesday, June 28

Piano & Song with Tommy Allison



TRANSITIONS

Life is a series of transitions. From birth on, it seems like one transition after another. Life is also about learning from these transitions, adjusting and preparing for the next one. Well then, what about the final transition? Is there anything we can do to prepare ahead of time? (Most of us don't want to think about that.) Actually there are several things we can do. Melissa Lopez, Director of Health & Wellness and I are planning a workshop to discuss some of the things we can do to make The Transition easier on us as well as on our families. It will consist of discussion, helpful tips and materials (as well as some humor) concerning advanced directives, important choices, and special arrangements that can be done ahead of time. Transitions (End of Life Issues): **June 6, at 2:30** in the Abbey Center

Dick Lewallen, Director of Spiritual Services
Abbey Delray



FROM THE PODIUM

(All events begin at 1:30PM in the Abbey Centre)

Monday, June 13

Lecturer and Historian

Myrna Goldberger

Today is her last in a series of amazing facts and trivia of **The Retrospective of America'**. Spellbinding!

Monday, June 27

Professor Miriam Herman

President Woodrow Wilson is

Professor Herman's subject today. A most interesting subject with facts you may not have known.



IN THE SPOTLIGHT

(All performances are in the Abbey Centre at 7:15pm)

Thursday, June 2 Singer Micheal Angil

This local singer has been with us several times but never 'after dark'. A terrific performer who is a 'Frank Sinatra' sound-alike!

Thursday, June 23 Entertainer Dan Beck

Make him feel welcome as this fabulous entertainer sings his way into your heart.

"JAZZY JUNE SALES"

(Sales are from 10-2pm in the Activity Center)



Monday, June 6

Fashion Faze Sale

Wednesday, June 22

Penny Lane Clothing Sale

Monday, June 27

Traveling Dollar Store



It's a Poolside

"Hurricane Happening"

Featuring

"Eddy Martinez on the steel drums"

Friday, June 3rd 3-4PM

Friendly Conversation • Tropical Drinks

ABBEY IS ON HURRICANE ALERT!

A department manager will be in your building to inform all residents about what happens in your building and on campus should a hurricane occur. If you are a new resident, it is mandatory that you meet with your neighbors on the second floor of your building for a short talk about Abbey's hurricane procedures. Please mark your calendars for **Friday, June 3rd at 2:00pm**. All your questions and concerns will be addressed at this time.

Saturday Night at The Movies

All movies begin at 7:15 P.M.
in the Abbey Centre



Saturday, June 4

"The King's Speech"

starring **Colin Firth & Geoffrey Rush**

Britain's King George VI struggles with an embarrassing stutter for years until he seeks help from an unorthodox speech therapist. Brilliant film which earned multiple Academy Awards. Thanks to building nine resident, Josina Van Haasteren for loaning us this film for tonight.

Saturday, June 11

"The Bucket List"

starring **Jack Nicholson &**

Through an unlikely meeting as hospital roommates, these two characters who have nothing in common decide to fulfill their dreams before dying.

Saturday, June 18

"The Way We Were"

starring **Barbra Streisand & Robert Redford**

Sociopolitical opposites find themselves strongly attracted to each other in this emotional, tear jerker romantic drama.

Saturday, June 25

"The Duchess"

starring **Kiera Knightley & Ralph Fiennes**

This lavish adaptation of Amanda Foreman's novel about the real-life 18th century femme fatale received an Oscar for Best Costume Design.

IT'S A FRIDAY NIGHT SPECIAL PERFORMANCE!

**Abbey Delray is once again
proud to present**

THE BROWARD COUNTY MUMMERS!

Friday, June 17 at 7:15pm

A fabulous musical treat of 'strutting' and singing! Don't miss this annual production of the best in American music!



Writers Corner

Today is Wednesday, the 4th day of May, the year is 2011, and the P.T. Barnums of the media are still telling the president what he could do with the late Osama bin Laden death picture. They NEED to see it with their own eyes. If they don't see them there bullet holes, it probably didn't happen. Watta world. So I scooted over to the Butterfly Garden while munching on the famous Health Center's Wednesday Special lunch, in this case a burger complete with a huge heap of crispy, crunchy fried onion rings, a second pile of ketchup drenched French fries, and (don't smirk), a diet coke, and, while masticating, (it's a good word, I looked it up), let my eyes rest upon our garden. It was dazzling. The butterflies were having a party, to say the very least. The joint was loaded with all kinds of butterflies. I know not from whence they came. (good sentence, I looked that up too). And they stayed. What I really want to say is that it was positively the single most gratifying day since I began my work there for Catherine Marshall. Irv small, who's been taking care of a bunch of stuff at the garden had the broadest grin imaginable. It matched mine. So I guess what I'm trying to say to all our highly competent and dedicated volunteers, "It's a pleasure to work with you." So... what I'm now trying to figure out is how I got from Osama bin Laden to Wednesday lunch at the Health center, to Center Stage at the spectacular Butterfly Garden. Maybe I'll figure it out. Oh, yeh, I forgot to mention, we can always use a couple of willing hands. See Catherine.

Sam Weitzman

OUT & ABOUT

(All trips depart from the front ramp)

Wednesday, June 1 - 10:00am Trip to Isles Casino

Just a short jaunt to Pompano Beach where we will play the slots and enjoy a leisurely lunch at your choice of two dining venues. Always a fun time-especially if you win!

Wednesday, June 15 - 11:00am Lunch Bunch goes to The Hidden Secrets Tea Room

A return visit to this quaint Parkland eatery where ambiance and good food abound.

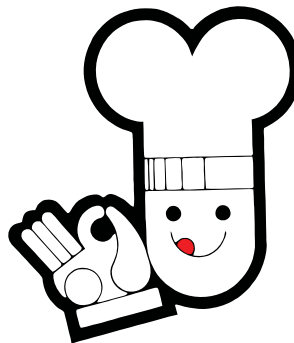
We all will have their 'house specialty sampler' with delicious choices of teas.

\$28.00

THE ISRAELI SCOUT CARAVAN IS COMING TO ABBEY DELRAY!

Direct from Israel, these high school students are touring the U.S.A. and will be in our Abbey Centre for a 'once in a lifetime' experience. Come meet these 'charmers' and enjoy the songs and dances they bring from their homeland.

Wednesday, June 8th at 10:30am
Refreshments and social hour following.



ATTENTION ALL ABBAY FELLAS!

In Honor of Fathers' Day
Let's Celebrate!

With a complimentary
buffet breakfast for the men,*
featuring pancakes made to order.

Thursday, June 16th at 7:30 AM

*All ladies must pay unless it is a
make-up meal.

TRANSPORTATION 'TIDBIT'

Due to popular demand we will plan quarterly shopping trips to the Festival Flea Market on Sample Road in Pompano Beach on the third Monday morning. Watch for our next trip in July.

Summer Serenade! Featuring 'Keyboard Marie' Thursday, June 9 2pm-3:30pm

Celebrate our night of 'lucky chances' as we toast to a 'lucky night ahead!'

Come One Come All! To our special FLICRA meeting In the Abbey Centre

Thursday, June 23 at 1:30pm
Featuring Senator Laura Saks

Learn about what is going on in Florida concerning all issues of seniors living in CCRC retirement communities, as well as medicad, medicare and continuing care at home. Refreshments will be served at 1:00pm prior to the meeting.



Friday, June 10
10:00 AM - 4:00 PM

"Thrifty Treasures"

Building 8, Room 221

Abbey's own thrift store will be open for business on Fridays from 10:00a.m. to 4:00p.m. Donations will be accepted during these hours. Donations are tax deductible. Prices are firm, and items are sold 'as is', with no refunds or exchanges. For further information call Martha Young, (Volunteer Committee Chair), 243-4477. ***The Volunteer Committee will meet as a full Committee at 9:30am., on Tuesday, June 7th in the Abbey Centre.**

THEATRE NOTES

SUNDAY MATINEES AT DELRAY BEACH PLAYHOUSE...Before you buy or renew your subscription, please contact Linda at 454-2011.

It seems that not everyone who has been going, is renewing and we must have at least ten residents for a trip.

Please contact Linda A.S.A.P.

SYMPHONIC BAND SERIES

tickets are being ordered for Saturday nights, (series of four concerts), to be held at Duncan Theatre in Lake Worth. Please see sign up sheet in the activity book for prices and details. We must have at least ten paid residents to make the trip.

IT'S A RESIDENT/EMPLOYEE TALENT SHOW!

Coming Thursday, August 18

You don't have to be talented-just brave!
To sign up call Linda at 454-2011
This could be your 'big break!'



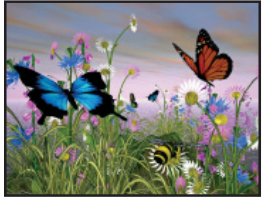
'ARE YOU ALL EARS?' Then listen up! **Moore Hearing Aid** from Federal Highway in Delray stations themselves in our lobby the **last Wednesday of every month** to check your hearing aid batteries, replace them if necessary and clean and adjust your hearing aid. All complimentary for our residents only. We truly appreciate this great service and thank them for their past twenty years of serving Abbey.

NEW DVD'S IN LIBRARY!..thanks to **Millie & Frank Jiruska** for their contribution to our movie library. New or softly used DVD's are always appreciated!



WELCOME

Bernard & Adele Waife - 1-210
Tina Silverman - 3-322
? Russell - 1-327



"BUTTERFLY FLUTTERINGS"

Caterpillars, cocoons, (Chrysalis) are in abundance. Just ask

Sam Weitzman. The Caterpillars ate the milweed down to the bare stems. The tomato crop under the care of **Bernie Laut** is producing fruit. The tomatoes were served at the **Abbey Friends meetings.** The watering team is doing a good job. the drought was a problem. There is a new look to the trees as we recently planted Spanish moss and a stag horn fern. Have you seen the perch near the bird bath with the hanging plant? Birds enjoy perching and checking out the territory before diving into the water. We look forward to a good and fruitful season ahead. Thank you for your donations to the garden.

Your gardener,
Catherine Marshall

The west end of garden now has a donated bench and a donated brick path. Thank you for all the donations. We will need to replenished some plants etc. And will gladly accept more donations to your butterfly garden. I missed that magical day when all butterflies were flying. The posts with hanging plants are serving as a perch for the birds. We saw a black bird bathing and a blue jay on the perch. Tomatoes are being tended well in their new location. Tomatoes will be served at the monthly meeting of the friends of Abbey meetings. Volunteers are welcome. Thank you Catherine Marshall

In Memory of Those Who Lived Among Us

Margaret O'Neil • Dorothy Scheifly
Owen Edgar Williams



JULY

HIGHLIGHTS



Monday, July 4

"Star Spangled Continental Breakfast"

Wednesday, July 6

Stage Door Theatre: "Song & Dance Man"

Saturday, July 16

"Hooray For Hollywood" Musical at F.A.U.

Wednesday, July 20

Lunch Bunch goes to Prime Catch Restaurant

**Come Celebrate
Eleanor Hannaford's Special Birthday!**

In the Abbey Centre

Thursday, June 16 from 1:30-3pm

All are invited to stop by for
some cake and socializing.

SATURDAY SUMMER SERENADE!

Sung By Thirteen Year-old

Eva Gluck

(Granddaughter of Harriet & Frank Seldes)

Saturday, June 4 at 1:30pm

In the Abbey Centre

Mystery Resident



Who is this young bathing beauty? Please put your guess in the suggestion box with your name, date and time of guess. Last month **Fran Caron** correctly guessed building nine resident, **Jim Bannister.**

Editor's note: Building two resident Virgie Radzkowski correctly guessed Angie Hackl as last month's mystery resident.